



Olympic Competition Schedule by Session Version 3.0

As of March 16, 2026

This competition schedule is subject to change until the conclusion of the Los Angeles 2028 Games. Kickoff times for the Football (Soccer) tournaments will be announced at a later date. All times listed are in Pacific Time (PT) and follow the 24-hour clock format unless otherwise specified. All dates listed are in the year 2026.

Gold Medal Session

Bronze Medal Session

Table with columns for Venue, Sport/Event, Day -4 to Day 16, and rows for various sports including Opening Ceremony, Baseball, Artistic Gymnastics, Fencing, Judo, Wrestling, Table Tennis, Boxing, Weightlifting, Flag Football, Lacrosse, Badminton, Athletics, Sailing, Surf, Squash, BMX Freestyle, Skateboarding, Modern Pentathlon, 3x3 Basketball, BMX Racing, Triathlon, and Athletics (Marathon - Start) and Cycling Road (Road Race - Start).



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Gold Medal Session

Bronze Medal Session

Table with columns for Venue, Sport/Event, Day -4 to Day 16, and time slots. Rows include various zones like Carson, Inglewood, Long Beach, Belmont Shore, Long Beach Aquatics Center, Long Beach Arena, Long Beach Climbing Theater, Long Beach Target Shooting Hall, Marine Stadium, Pasadena Zone, Rose Bowl Aquatics Center, Rose Bowl Stadium, Anaheim Zone, Arcadia Zone, City of Industry Zone, Pomona Zone, Trestles Beach Zone, and Whittier Narrows Zone.



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Gold Medal Session

Bronze Medal Session

Table with columns for Venue, Sport/Event, Day -4 to Day 16, and rows for various sports including TBD Zone, OKC Zone, Football (Soccer) Tournaments, and San Diego Zone.